ISL

2014 Coaching Clinic Hosted by Novaquatics

For all Irvine Swim League Coaches & ISL Team Board Members Attendance is encouraged

Wednesday, May 21, 2014 4:30-6:30pm - Woollett Aquatics Center (Followed by 1st Coaches Hiring Session 6:30-8:30pm Woollett Aquatics Classroom)

Presentations by Novaquatics Coaching Staff and current ISL Coach(es)



Discussion topics will include:

- *Tips for coaching all four strokes
- *Tips for coaching starts and turns
- *Professionalism and ethics for coaches
- *Season planning